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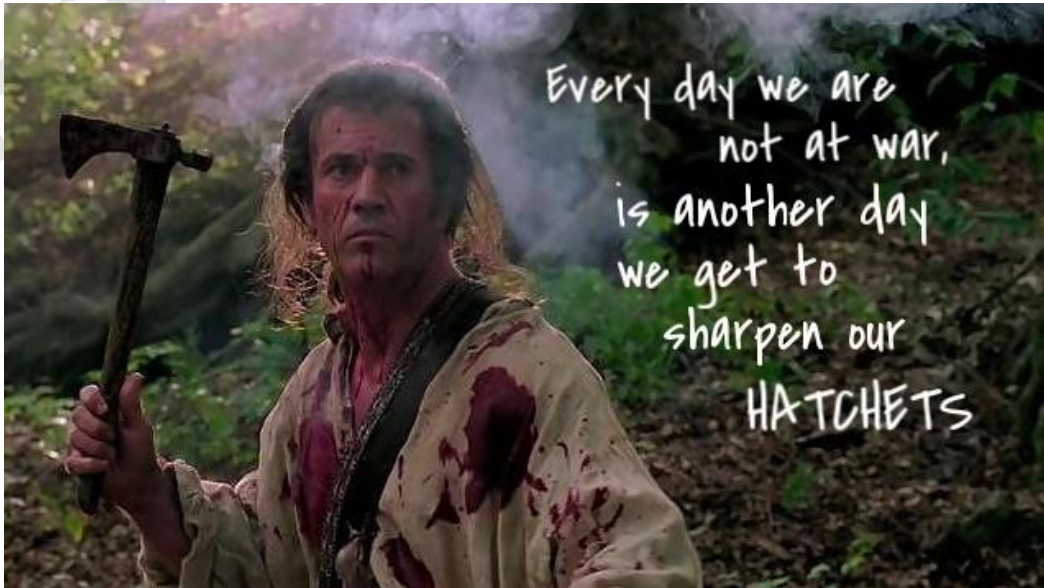


# CSAT, LLC

**APRIL 2018**

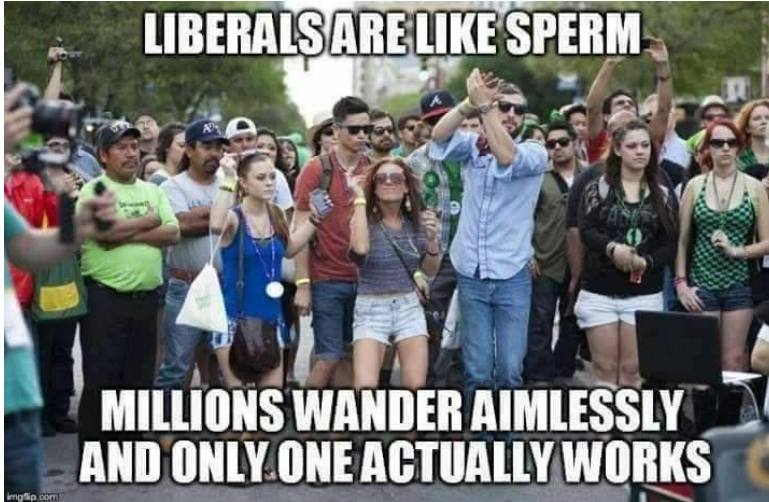
**TRAINING UPDATES:**

**GENERAL:**



**Commentary:**

Liberals are quietly reorganizing under the guise of gun control. Owning and maintaining firearms, while keeping proficient with them takes discipline. This is something liberals lack. Further, liberals foster mutual ignorance and fantasy. They believe that wishful thinking is how the world works and how things get done. They are mentally and physically lazy much of the time, yet have a voice projected by the liberal media.



To add, clueless kids with no knowledge of history or the real world wish to lecture us on gun control. They wish to disarm so they can take over and live their fantasy lives. Sorry liberal turds, that is why America is the last best chance for hope in this world is because of citizens who are willing to stand up and fight for their freedoms. It is tough to do with a sharp stick or rock...



I will start a list of anti-Gun/anti-Conservative companies who we need to boycott. Since liberal CEO's wish to involve their companies in politics, their companies should suffer. This list can start with Dick's Sporting goods and range to credit card companies to refuse to do business with gun stores. Hurt them financially for their ignorance.

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## CLASSES

The **Extreme Pistol** is a great beginner class as we focus on the fundamentals through low stress but accurate shooting. Surgical shots at 7 yards and bulls out to 100 are engaged. Perfecting one's mechanics is the emphasis of the class.

## TRAINING

What I find in the training industry is the concept of training vs. entertainment with new classes. New classes fill and once students attend, they look for the latest and greatest new class. Some feel they have mastered the skillset and move on. A few students take the class again to improve upon the basics.

Individuals who repeat training and make it a habit understand what training and self-improvement is what training is about. As I have stated before, doing the basics on demand is high speed. A select few can. Most cannot once external pressures are on them. This can range from real world to simply having other students watching them and their performance. Stress is what you perceive it to be.

As an instructor I strive to do great live fire demos for students and to channelize all my fundamentals into the shot while temporarily ignoring all the outside stimulus. If you think you have it mastered, come to my instructor course and you shoot in front of real students and embrace the stress. That is where you truly learn to focus and screen out distractions.

## EQUIPMENT

### IRONS, RED DOTS AND MAGNIFIED OPTICS

#### IRONS



Pros:

- Iron sight shooting helps you establish personal reference points on the rifle

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- Besides your front hand/back hand on the rifle, your head and how you index the stock/buffer tube allows you another stabilization point on the rifle.
- These reference points transfer to Red Dot shooting

Cons:

- Old eyes

## ZERO MAGNIFICATION OPTICS



General:

I shoot through the Red Dot Optic with the dot on either through my large aperture or I can fold down the rear sight.

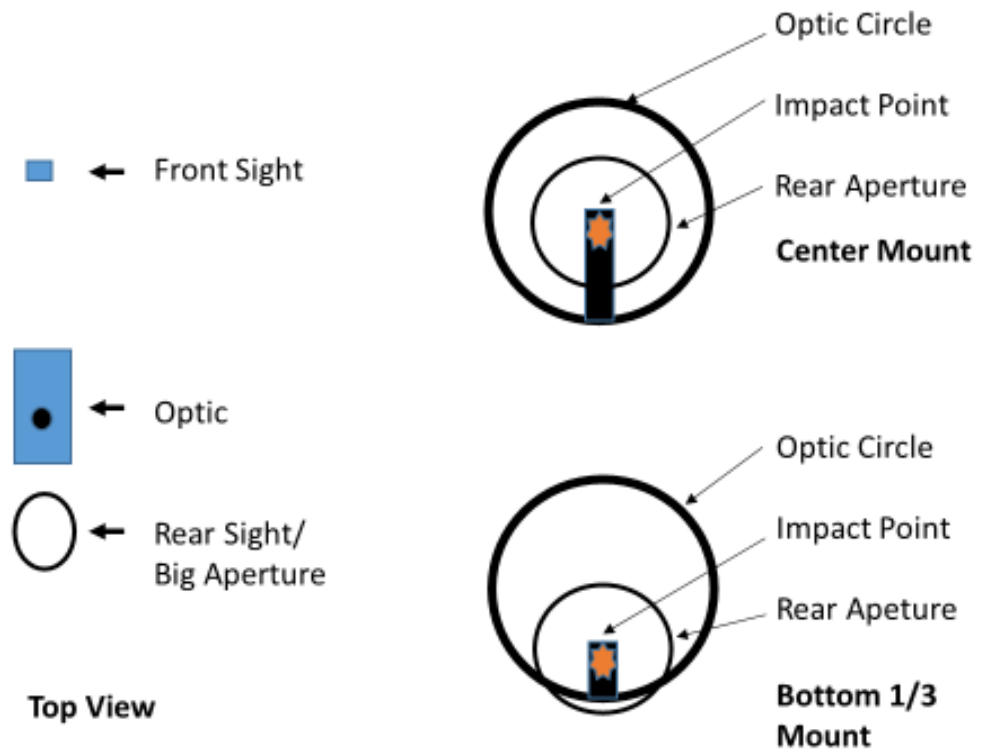
I prefer center quadrant mounts vs. bottom 1/3 as my eye is used to going to the center of the light circle.

Pros:

- Easy to see.
- Better at night than irons
- If dot fails/goes out, irons are ready and your head/eye position does not change.

Cons:

- 2 more pieces of glass between you and your target.
- Glass must be treated and cared for.



### MAGNIFIED OPTICS



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General:

I have found that fixed 3x can be use in rooms without too much loss of speed and can be used outdoors to help discriminate/identify at distance.

If you use a variable power optic, run on low power. Only negative with variable power optics is that you have to take your hand off the weapon to adjust.

**Pros:**

- Discrimination at distance improved.
- Accuracy at distance is improved.
- Has a lighted reticle for use at night.

**Cons:**

- 2 pieces of glass between you and your target.
- Glass must be treated.
- In the above pictured mount, it is about ½” higher than irons and you must lift/reposition your head on the stock/buffer tube.
- This may slow you down a bit doing up close speed work.
- If damaged, you must remove the optic to use your irons.
- Irons will not co-witness through magnified optics.

**IN CLOSING**

Thanks and we look forward to seeing you on the range.

Paul R. Howe